

# **WEE SING AND LEARN MY BODY**

## **(Song Lyrics)**

### **MY BODY CAN DO LOTS OF THINGS**

#### **CHORUS**

My body can do lots of things,  
My body can do lots of things,  
Look at me, don't you see, I can move so easily,  
My body can do lots of things.

#### **VERSE 1**

I can walk, I can hop,  
I can run, I can stop,  
I can bend, I can kick,  
I can stand, I can sit.

#### **REPEAT CHORUS**

#### **VERSE 2**

I can see, I can wink,  
I can smell, I can think,  
I can wave, I can leap,  
I can twirl, I can creep.

#### **REPEAT CHORUS**

### **HEAD**

I can think with the brain that's in my head,  
I can think with my brain, I can,  
I can think with the brain that's in my head,  
I can think and think and think.

I can bounce a ball off the top of my head,  
I can bounce a ball, I can,  
I can bounce a ball off the top of my head,  
I can bounce and bounce and bounce.

I can brush the hair that's on my head,  
I can brush my hair, I can,  
I can brush the hair that's on my head,  
I can brush and brush and brush.

TAG

I can bounce and bounce and bounce,  
I can think and think and think.

## **EYES**

My eyes, my wonderful eyes,  
My eyes, my wonderful eyes,  
I can see, I can see,  
I can see with my wonderful eyes.

I can blink, I can wink,  
I can cry great big tears,  
I can look up and look down  
And see far and near.

REPEAT FIRST 4 LINES

TAG

I can see, I can see,  
I can see with my wonderful eyes.

## **NOSE**

VERSE 1

Sniff, sniff, sniff,  
I use my nose to smell,  
Some things smell good, some things smell bad,  
And my nose can always tell.

VERSE 2

*Achew, achew, achew!*  
I have a cold, you see,  
I blow and blow and blow my nose,  
This cold sure bothers me.

VERSE 3

Pinch, pinch, pinch,  
I hold my nose to dunk,  
So then I won't breathe water in  
Whenever I go ker-plunk!

## **MOUTH**

### **CHORUS**

My mouth, my mouth,  
What can I do with my mouth?

### **VERSE 1**

I can talk, talk, talk, talk, talk a lot-ta talk,  
I can talk a lot-ta talk with my mouth.  
I can sing, sing, sing, sing, sing-a-ling-a-ling,  
I can sing-a-ling-ling with my mouth.

### **REPEAT CHORUS**

### **VERSE 2**

I can eat, eat, eat, eat, eat 'n' eat 'n' eat,  
I can eat 'n' eat 'n' eat with my mouth,  
I can grin, grin, grin, grin, grin a great big grin,  
I can grin a great big grin with my mouth.

### **TAG**

My mouth, my mouth,  
That's what I can do with my mouth.

## **EARS**

### **CHORUS**

Stop! Stop and listen. What is that I hear?  
Stop! Stop and listen. Listen with my two ears.  
Stop! Stop and listen to the many wonderful sounds.  
Stop! Stop and listen to the sounds that are all around.

### **VERSE**

I hear sounds of songs, sounds of shells,  
Sounds of balls, sounds of yells,  
I hear sounds of waves, sounds of dogs,  
Sounds of birds, and sounds of frogs.

### **REPEAT CHORUS**

### **TAG**

Stop and listen to the sounds that are all around.

## **ARMS**

(Tune: Heav'n, Heav'n)

I have two arms, you have two arms,  
See what we can do with our arms,  
We can catch and throw and carry and swim,  
Oh, see what we can do with our arms.  
Arms, arms,  
We can catch and throw and carry and swim  
With our arms, arms,  
Oh, see what we can do with our arms.

## **HANDS**

(Tune: Old Joe Clark)

### VERSE 1

Clap, clap, clap your hands,  
Clap along with me,  
Clap, clap, clap your hands,  
Clap along with me.

### CHORUS

I have two hands, yes I do,  
Count them one and two,  
One is left and one is right,  
Each has fingers, too.

### VERSE 2

Wave, wave, wave your hands,  
Wave along with me,  
Wave, wave, wave your hands,  
Wave along with me.

### REPEAT CHORUS

### VERSE 3

Pat, pat, pat your hands,  
Pat along with me,  
Pat, pat, pat your hands,  
Pat along with me.

### REPEAT CHORUS

### REPEAT VERSE 1

## **FINGERS**

(Tune: Ten Little Fingers)

### **CHORUS**

One little, two little, three little fingers,  
Four little, five little, six little fingers,  
Seven little, eight little, nine little fingers,  
Ten fingers on my hands.

### **VERSE**

They can wiggle and point and draw and tap,  
They can pick up and scratch and hold and snap.  
They can color and pinch and write and clutch,  
They can paint and count and grab and type and touch.

REPEAT CHORUS

## **LEGS**

(Tune: Jim Along Josie)

### **VERSE 1**

Walk with my legs, walking, walking,  
Walk with my legs, walk, walk, walk.  
Walk with my legs, walking, walking,  
Walk with my legs, walk, walk, walk.

### **CHORUS**

My legs move both fast and slow,  
They carry me wherever I go.

### **VERSE 2**

Run with my legs...

REPEAT CHORUS

### **VERSE 3**

Jump with my legs...

REPEAT CHORUS

### **VERSE 4**

Kick with my legs...

REPEAT CHORUS

## **KNEES**

(Tune: There's a Hole in the Middle of the Sea)

### VERSE 1

There are knees in the middle of my legs,  
There are knees in the middle of my legs,  
There are knees, there are knees,  
There are knees in the middle of my legs.

### VERSE 2

I can bend with the knees in the middle of my legs,  
I can bend with the knees in the middle of my legs,  
I can bend, I can bend,  
I can bend with the knees in the middle of my legs.

### VERSE 3

I can kneel on the knees that can bend in the middle of my legs...

### VERSE 4

I can crawl on the knees that can kneel that can bend in the middle of my legs...

## **FEET**

### VERSE 1

These are my feet, these are my feet,  
I can walk, walk, walk on my feet.  
These are my feet, these are my feet,  
I can walk, walk, walk on my feet.  
I can stomp in the water and make a big splash,  
Kick a soccer ball and run with a dash  
Using my feet, using my feet,  
My little feet.

### VERSE 2

These are my feet, these are my feet,  
I can march, march, march with my feet.  
These are my feet, these are my feet,  
I can march, march, march with my feet.  
I can balance on a log and not fall or crash,  
Pedal my bike and move like a flash  
Using my feet, using my feet,  
My little feet.

### TAG

Repeat last two lines

## **TOES**

### CHORUS

Toes, toes, I have ten toes,  
I have ten toes on my feet,  
One, two, three, four, five, six, seven, eight,  
Nine, ten toes on my feet.

### VERSE 1

I can wiggle, wiggle, wiggle, wiggle, wiggle my toes,  
Wiggle my toes on my feet,  
Wiggle, wiggle, wiggle, wiggle, wiggle my toes,  
Wiggle my toes on my feet.

### REPEAT CHORUS

### VERSE 2

I can tiptoe, tiptoe, tip-tiptoe,  
Tiptoe on my toes on my feet,  
Tiptoe, tiptoe, tip-tiptoe,  
Tiptoe on my toes on my feet.

### REPEAT CHORUS

### VERSE 3

I can touch with my toes and feel with my toes,  
Touch with my toes on my feet,  
Touch with my toes and feel with my toes,  
Touch with my toes on my feet,

### REPEAT CHORUS

### TAG

One, two, three, four, five, six, seven, eight,  
Nine, ten toes on my feet.

## **MY BODY CAN DO LOTS OF THINGS (REPRISE CHORUS)**

My body can do lots of things,  
My body can do lots of things,  
Look at me, don't you see, I can move so easily,  
My body can do lots of things.

### REPEAT

# **MY BODY IS MY BODY**

## **CHORUS**

My body is my body,  
My body is what you see,  
My body is my body,  
My body makes up me.

## **VERSE 1**

I point to my head, point to my hair,  
Point to my eye and my eyebrow,  
I point to my ear, point to my nose,  
Point to my mouth and my teeth and lips.

## **REPEAT CHORUS**

## **VERSE 2**

I point to my cheek, point to my chin,  
Point to my neck and my shoulder,  
I point to my arm, point to my elbow,  
Point to my wrist and my hand and finger.

## **REPEAT CHORUS**

## **VERSE 3**

I point to my chest, point to my waist,  
Point to my hip and my bellybutton,  
I point to my leg, point to my knee,  
Point to my ankle and my foot and toe.

## **REPEAT CHORUS**

## **TAG**

My body makes up me.